

FOR IMMEDIATE RELEASE
June 2021

Inaugural meeting planned this month for COTA SA's Yorke Peninsula Advisory Group

Older people across the Yorke Peninsula are being invited to attend the very first meeting of the COTA SA Yorke Peninsula Advisory Group.

Held on Wednesday 23 June at 10am, the inaugural meeting will be at the Moonta Bay Lifestyle Estate's meeting room.

The meeting follows a workshop in May where COTA SA chief executive Jane Mussared and her team spoke with older people who were interested in joining the advisory group.

The workshop explored what older people enjoy about living on the Yorke Peninsula, what doesn't work for them and what issues they would like COTA SA to work on in the lead up to the 2022 state and federal elections.

The workshop in May identified a range of issues including:

- Reducing ageism
- Better access to health (including dental) and mental health services for older people
- Improved information about services, health services, banking and financial services, events, groups, clubs, arts, and other social opportunities
- The importance of affordable transport options
- More opportunities for social connections and engagement
- Closing the digital gap

From this meeting, the 12-person COTA SA Yorke Peninsula Advisory Group was formed, consisting of chair Vivienne Lambert from Port Victoria, secretary Joan Zilm from Moonta Bay, and 10 other members from across the region.

The Yorke Peninsula Advisory Group aims to:

- Change views of the broader community to ageing (ageism)
- Inform government about the issues that impact older people living on the Yorke Peninsula
- Consult older people and be a voice for the region
- Identify issues and gaps and have those issues addressed

Those interested in attending the COTA SA Yorke Peninsula Advisory Group meeting are encouraged to do so, with RSVPs requested via cotasa@cotasa.org.au or 1800 182 324.

COTA SA is an older people's movement and the peak body representing the rights, interests and futures of more than 633,000 older South Australians aged over 50.

For media interviews or more information, please contact:

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